

2nd INTERNATIONAL CONFERENCE ON PSYCHOLOGY AND MENTAL HEALTH

CONTRIBUTIONS OF EARLY MUSLIM SCHOLARS TO PSYCHOLOGY AND ITS RELEVANCE TO MODERN PSYCHOLOGISTS

DATE

5-6 MAY 2015

VENUE

Senate Hall IUM

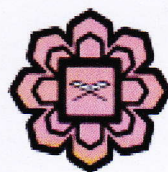
Organized by

The Chair of Ibni Khaldun, Kulliyyah of IRKHS

**The Department Of Psychology International Islamic
University Islamabad**

International Institute of Islamic Thought

International Association of Muslim Psychologists



Program of The 2nd International Conference On Mental Health (5th & 6th MAY, 2015)

About the Conference:

The Executive Committee of International Islamic University in collaboration with Ibn-e-Khaldun Chair, International Islamic University, Malaysia and International Institute of Islamic Thought, USA is pleased to announce 2nd International Conference on Mental Health (ICMH), 2015. The theme is "The contributions of early Muslim physicians and scholars to psychology (Present & Past)". The conference is scheduled from 5-6th May, 2015 at Ibn-e-Khaldun Chair, International Islamic University, Kuala Lumpur, Malaysia

Organizers	International Islamic University, Islamabad, Pakistan
Associates	IBN-e-Khaldun Chair, International Islamic University, Malaysia International Institute of Islamic Thought, USA Deputy Dean, Prof Hassan (IIUM)
Patron in Chief:	Prof. Dr Malik Badri
Principal Organizaer:	International Islamic University, Malaysia Dr. Muhammad Tahir Khalily
Co-Principal Organizer:	International Islamic University, Islamabad Dr. Seema Gul
Conference Secretary:	International Islamic University, Islamabad Ms Tamkeen Saleem
Conference Coordinator:	International Islamic University, Islamabad Mr. Shamsheer Hayat Khan
	International Islamic University, Islamabad

Registration Desk: Main Lobby

Tuesday, May 05, 2015: 0800hrs – 1500hrs
Wednesday, May 06, 2015: 0800hrs – 1200hrs

Program of The Conference

Day 1

Tuesday, (May 05, 2015)

Session I: INAUGRAL SESSION (0900 hrs -1030hrs)

Venue: Main Auditorium

Time	Program
0850	Guests to be Seated
0855	Arrival of the Chief Guest
0900	Recitation of Holy Quran
0910	Introduction of Conference and Collaborative Partners by Dr Muhammad Tahir Khalily
0920	Welcome address by Prof Dr Malik Badri
0945	Address by the Guests of Honour
1015	Vote of Thanks by Deputy Dean
1030	Inaugral Tea

Session II: PRESENTATION SESSION (1100 hrs -1300hrs)

Venue: Main Auditorium

Chair: Prof Malik Badri

Moderator: Dr. Nazia Iqbal

Co-Chair: Dr. Muhammad Tahir Khalily

Facilitator: Kainat Zia

Time	Program	
1100	Key Note Speaker Dr Malik Badri	
1120	Opening of the Session	
1125	Oral Health Beliefs And Health Locus Of Control Among Dental Patients	Bisma Zubair Dr. Amina Muazzam Tayyaba Moeen
1135	Ideas on Personality: A Contrastive Analysis between Iqbal & Freud	Dr. Mohd Abbas Abdul Razak
1145	Depression, stress, anxiety, subjective wellbeing and life satisfaction among refugees and on visa afghan students in Pakistan	Basharat Hussain Inayat Shah
1155	A Comparative Study of Gender and Age Differences in Parent Adolescent Conflict	Sameena Iqbal Dr. Kehkashan Arouj
1205	Developmental Antipathies: The Impact of Dysfunctional Separation-Individuation on Depression in Pakistani Adolescents	Huma Zafar Dr Tahir Khalily
1215	Religiosity: A Predictor of Psychological Well-Being in Medical & Non-Medical Students	Dr Shemaila Saleem Tamkeen Saleem
1225	Role of Emotional Intelligence, Social Competence and Sense of Humor in University Teacher	Dr. Amina Muazzam Amber Mukhtar
1235	Role Of Religiosity and Family Communication Patterns in Mental Health of University Students	Tamkeen Saleem, Dr Seema Gul,
1245	Sleep Quality and Sleep Patterns among University Students	Rida Rafiq Nudra Malik
1255	The Efficacy of Islamic Rituals in Resolving Guilt	Dr Mawadda Uthman
Prayers & Lunch Break (1300hrs –1430hrs)		

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Session II: PRESENTATION SESSION (1430 hrs -1700hrs)

Chair: Dr. Muhammad Tahir Khalily
Moderator: Ms Tamkeen Saleem

Venue: Main Auditorium
Co-Chair: Dr. Javed Iqbal
Facilitator: Hooriah Shiekh

Time	Program	
1430	Key Note Speaker Dr Muhammad Tahir Khalily Rediscovering religion with renewed interest in the current therapeutic approaches of professional Psychology	
1440	Opening of the Session	
1450	An Implication of Early Traditional Spiritual Healing in Evidence-Based Twenty First Century	Sameena Humayun Dr. Kehkashan Arouj
1460	Religious coping strategies and psychological well-being of Muslim Young Adults.	Nirmal Niazi, Dr. Zainab Bhutto
1500	Psychological autopsies of individuals' completed suicide	Mudassar Abdullah Dr. Muhammad Tahir Khalily
1510	Resilient Psychological Adjustment in Adolescents with and without Disabilities	Dr. Kiran Bashir Ahmad Dr. Zainab Fotowwat Zadeh
1520	Impact Of Loneliness On Wellbeing Among Working Married And Unmarried Women	Mazhar Iqbal Bhatti, Furqan Ullah
1530	Relationship between Emotional intelligence and Burnout among Medical Professionals	Dr. Uzma Masroor, Tahira Javed
1540	Prevalence of Anxiety and Depression among Drug Abusers and Non-Abusers	Kainat Zia, Dr. Seema Gul
1550	Effectiveness of Individual Therapeutic Interventions for the Treatment of Outdoor Patients with Mental Health Issues	Shamsher Hayat Khan, Shahid Irfan
1560	Impact of peer relations and religious activities on aggression of juvenile delinquents in Pakistan	Dr. Seema Gul, Maryam Hammad
1600	Relationship between Personal Belief in Just World and Social Interaction Anxiety among Primary and Secondary Victims of Terrorism in Pakistan	Khansa, Shazia Yousaf, Firoza Ahmed
1610	Role of Social Support as Predictor of Mental Health Among University Students	Mussarat Jabeen Khan, Hafsa Arif

Session III: POSTER PRESENTATION (1620 hrs-1640 hrs)

Venue: Main Auditorium

S/No.	Posters	
1.	Emotional Expression and Life Satisfaction Among Medical Students	Sana Dastgir, Akhter Bibi
2.	Perceived Social Support as a Determinant of Depression among Trainee Nurses in Pakistan	Dr Riaz Ahmad, Rabia Mushtaq
3.	Borderline Personality Disorder Features And Suicidality In A Community Sample: Assessing Depressive Symptomatology As A Mediator	Haya Fatimah
4.	Relationship between Religious Orientation and Optimism among Muslim and Christian adults in Pakistan	Sana Younas, Rabia Muqtadir
5.	Who hears music, feels his solitude: An effort to review the contribution of Muslim Psychologists in the field of Music Therapy	Aleena Khalid Ghori Uzma Khalid Ghori
6.	Effect of paying gratitude to Allah on the life satisfaction of university students	Nasreen akhtar and Khadija Khalique
7.	Relationship of personality traits with social loafing and trust among salespersons	Dr. Najma iqbal malik Ms. Zaib kanwal
8.	Aggression and Academic Performance among University Students: A Gender Perspective	Maham Rizwan, Farzana Ashraf
9.	Health Related Beliefs And Their Relation To Mental Health Of Cardiovascular Patients	Sadaf Javaid, Dr. Sarwat Sultan
10.	Effects of Different level of Aggression on Students' Academic Performance	Shumaila Khurshid, Qaisara Parveen

Day 2

Wednesday (May 06, 2015)

Session I: KEY NOTE LECTURES (0900 hrs -1100hrs)

Venue: Main Auditorium

Time	Program
0900	Opening of The Session for 2 nd Day
0910	Recitation of Holy Quran
0920	Introduction to the Plenary Speakers
0930	Lecture 1 Dr Prapapun
1000	Lecture 2

Session II: PRESENTATION SESSION

(1000 hrs -1230hrs)

Venue: Main Auditorium

Chair: Prof Dr. Omer Kasule
Moderator: Dr Zainab Hussain Bhutto

Co-Chair: Dr. Zainab F. Zadeh
Facilitator: Asma Shaheen

Time	Program	Author/s
1000	Key note speaker Dr Omer Kasule	
1020	Opening of the Session	
1030	Resilience And Personality Traits Among Physical Ill And Psychiatric Patients	Tabassum Latif Abbasi, Safia Ashfaq
1040	Emotional Intelligence And Conflict Among Married Individuals	Noor-ul-Ain Haider, Dr. Seema Gul

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1050	Religiosity, Family System and Depression Among Adults	Dr Seema Gul
1100	Role of Overseas Migration On Behavioral and Emotional Problems of Left Behind Children in AJK Pakistan	Rabia Mushtaq Dr. Seema Gul
1110	Mindfulness in Salah (Prayer) and its Association with Mental Health	Dr. Muhammad Tahir Khalily Shahid Ijaz
1120	Academic Stress and its Relationship with Life Satisfaction among Female Post Graduate Students	Horiya Asghar Sheikh Dr. Seema Gul
1130	Feeling of Loneliness and Social Support among Physically Disable Muslim Adolescents	Dr. Nazia Iqbal, Aqsa Sultan
1140	Relationship Between Psychological Wellbeing And Parental Stress Among Parents Of Children With Intellectually Challenged	Rehana Noor, Saima Waqar
1150	Therapies for Mental Health: An Islamic Perspective	Muhammad Tahir
1160	Health Practitioners: Inter-professional Learning & its Impact on Quality of Health Care	Adeela Rehman
1200	Ethics: It's Importance in decision making and development	Mureed Hussain Malik
1210	Group Therapy of Ashraf Ali Thanvi in Present Era	Akhtar bibi Dr. Kehkashan Arouj
1220	Exploration of currently activated Schema Modes among individuals with above average intellectual functioning	Meh Para Siddique Dr. M. Tahir Khalily
Prayers & Lunch Break (1230hrs – 1400hrs)		

Session III: PRESENTATION SESSION (1400 hrs -1600hrs)

Venue: Main Auditorium

Chair: Dr. Seema Gul

Co-Chair: Dr. Kehkashan Urouj

Moderator: Ms Rabia Mushtaq

Facilitator: Shukria Qasim

Time	Program	
1400	Key note speaker Dr. Seema Gul	Contribution of Muslim Psychologists in Psychological Measures
1410	Opening of the Session	
1420	Determinants of perceived stress during pregnancy	Annum Khan, Dr Seema Gul
1430	Integrating Islamic Concept of Hope and Sense of Gratitude into Cognitive-Behavioral Therapy	Rahmattullah Khan Salami Mutiu
1440	Development of Consensus and Cohesion among Pakistani Couples with Disturbed Marital Relationship through the Use of Cognitive Behavioral Interventions	Samia Omer Zuberi, Dr Zainab F. Zadeh, Dr Zainab Hussain Bhutto
1450	Effect of Family System on Couples Life Satisfaction and Anxiety Level	Asma Shaheen Dr. Seema Gul
1460	Psychological treatment in light of Surah Al Asr and eminent Muslim scholars.	Dr Javed Iqbal
1500	Clinical Psychology in Pakistan: Past, Present and Future	Dr. Zainab Fotowwat Zadeh.
1510	Illness perceptions among type 2 diabetes patients	Amna Khawar, Talat Sohail

Session IV: PANEL DISCUSSION (1535 hrs -1600hrs)

Venue: Main Auditorium

1.	Prof. Naseem Sahibzada Riaz (Key note Speaker)		
	Silent Cries: Challenged Children Lost in the system		
2.	Prof. Dr. Malik Badri (Chair)	6.	Dr Alizi Alyas
3.	Dr. Muhammad Tahir Khalily (Facilitator)	7.	Dr. Zainab Zadeh
4.	Dr. Omer Hassan Kasule	8.	Prof Riaz Ahmad (repertoire)
5.	Prof. Rehmat Ullah Khan	9.	Dr Mawadda Uthman

Session III: PRESENTATION SESSION (1600 hrs -1700hrs)

Closing Session

Venue: Main Auditorium

Time	Program
1600	Arrival of Chief Guest
1610	Recitation of Holy Quran
1620	Vote of Thanks by
1630	Reflections by Foreign Delegates
1640	Message from Executive Committee
1650	Award Distribution Ceremony
	Shield and Sovenier Presnetation to
	Address by Chief Guest
	Acknowledgements by Stage Committee Member (Member Organizing Committee – Partners, Sponsors)
	Closing Remarks